



CONVERSATIONS ON

DISCERNING

Truth

IN MEDIA

ELEVATE

Inspiration is important. Finding hidden truths within ourselves is amazing. But there are some truths which can only emerge through dialogue and consultation.

Having meaningful conversations and building collective visions is like a super-power that enables us to build fellow-feeling, uncover solutions to problems in our daily lives and communities, and design paths to action which allow us to work together to really improve things; even if the steps are simple, even if the challenges seem great.

With this in mind, Elevate would like to give you a couple of questions which might help kick-start a conversation about this week's theme. These questions might be explored as a group after collective worship, around a family dinner-table, or on your daily walk-and-talk phone call with your best friend. However you choose to explore this theme, whichever questions strike a chord with you, we hope that you will enjoy the new understanding and actions that result from your journey!

DISCERNING

Truth

IN MEDIA

In what ways does our rapidly-changing media landscape help the promotion of truth? In what ways does it harm the truth?

DISCERNING

Truth

IN MEDIA

How can we carefully balance the wisdom required to avoid being dragged into divisive conversations and harmful, polarising or fear-mongering online dialogues, while at the same time upholding the cause of justice, truth, and resisting passivity?

DISCERNING

Truth

IN MEDIA

What can we do to train our sense of truth? How can we create spaces in our communities for conversations to refine our understandings?

DISCERNING

Truth

IN MEDIA

What does it mean to be critical of the media we consume? How does this affect our sense of truth?

What is the difference between being critical of a source of truth and being critical of other people?

ELEVATE

For inspirational quotes and prayers about this week's theme, take a look at our [Meditations](#) document.

Visit the Elevate Hub to enjoy more [collections of themes](#) and [let us know](#) how they've supported you in your personal journey, or your efforts to improve the life of your community.

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