



CONVERSATIONS ON



*Patience*

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Inspiration is important. Finding hidden truths within ourselves is amazing. But there are some truths which can only emerge through dialogue and consultation.

Having meaningful conversations and building collective visions is like a super-power that enables us to build fellow-feeling, uncover solutions to problems in our daily lives and communities, and design paths to action which allow us to work together to really improve things; even if the steps are simple, even if the challenges seem great.

With this in mind, Elevate would like to give you a couple of questions which might help kick-start a conversation about this week's theme. These questions might be explored as a group after collective worship, around a family dinner-table, or on your daily walk-and-talk phone call with your best friend. However you choose to explore this theme, whichever questions strike a chord with you, we hope that you will enjoy the new understanding and actions that result from your journey!

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# *Patience*

*What stories and examples of  
patience do we know? How  
has patience been expressed?*

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# *Patience*

*How does patience help us  
to see things differently?  
How does it relate to seeing  
the potential in things?*

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# *Patience*

*How can we be more patient  
with ourselves?*

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# *Patience*

*How do we ensure that we are not  
"waiting idle" but rather being  
patient in action?*

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# *Patience*

*What current projects do we have that require patience? What is our vision for what might become of these projects? What can we do in the meantime?*

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For inspirational quotes and prayers about this week's theme, take a look at our [Meditations](#) document.

Visit the Elevate Hub to enjoy more [collections of themes](#) and [let us know](#) how they've supported you in your personal journey, or your efforts to improve the life of your community.

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